

Jackie Burchell Long Memorial 5K

THE RACE WILL BE IN CONJUNCTION WITH THE GRAINGER COUNTY TOMATO FESTIVAL AND ALL RUNNERS/WALKERS ARE ENCOURAGED TO ATTEND. **NOTE NEW START TIME IS 7AM**

DATE TIME AND PLACE: 7am., Saturday, July 29, 2017. Registration, race start, and post-race activities at Rutledge Middle School in Rutledge, TN.

DIRECTIONS: located on Highway 11W in Rutledge, TN (Grainger County). Street Address is 140 Lee Highway

COURSE DESCRIPTION: Fun course with a major hill at the finish, Certified TN 02036RH.

REGISTRATION & FEES: Pre-registration closes (must be postmarked by) Saturday, July 22, 2017. Fee: \$25. Late registration from July 22 until race day, \$30.00.

T-Shirts First quality, 100% cotton short sleeve t-shirts. Pre-registered runners receive shirts on race day, late registrants - as supplies last.

AWARDS: Ceremony following race. Overall male/female, \$100.00: 2nd place \$50.00. Additional bonus of \$250 for winning male or female who breaks the course record.

CELEBRATION & REFRESHMENTS: A multitude of food and drinks following the race.

RESTRICTIONS: Due to insurance regulations, No roller blades, baby strollers, bicycles, or animals allowed on the course.

Use of earphones and headsets strongly discouraged. We reserve the right to disqualify anyone exhibiting unsportsmanlike conduct or rudeness to race volunteers.

INFORMATION: David Helton, 423-312-4638, PO Box 538., Morristown, TN, 37815, davidlh@lcs.net

OFFICIAL 2017 Jackie Long Memorial 5K ENTRY FORM

Race Number

Name

Last _____

First _____

Sex: (Circle one) Male Female

Age (as of 7/29/17) _____

Birth date (mth) ____ (day) ____ (yr) ____

Clydesdale/Athena Weight Division

200lbs+/male _____ 150+/female _____

Circle T-shirt size: S M L XL

Mail completed form and fee to:

EBS, P.O. Box 538, Morristown, TN 37815

Make checks payable to Jackie Long Memorial race

Address: _____

City _____ State _____ Zip _____

Phone (____) _____

email address _____

IN case of emergency,

call _____ PH _____

Athlete's Release--Please read and sign: I know that participating as a runner/walker in races/walks is a potentially hazardous activity; I should not enter and participate in the Jackie Long Memorial 5K unless I am medically able and properly trained. I agree to abide by any decision made by an official relative to the race. I assume all risks associated with running in this event, including, but not limited to fall, contact with other participants, effects of weather (including high humidity, & heat), the condition of the course and traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these risk and facts, and in consideration of my acceptance of my application, I for myself, and anyone entitled to act on my behalf, waive and release the Jackie Long Memorial race committee, City of Rutledge, Rutledge Middle School and all sponsors, together with members and employee thereof and their representatives and successors (herein together "Indemnities), from all claims or liability of any kind arising out of any action or failure to act on the part of the Indemnities. I also grant permission to the Indemnities to use any photograph, pictures, recordings or any other record for any legitimate purpose.

(Athlete's Signature (If under 18, Parent's Signature) (Date)